



HOLY REDEEMER CATHOLIC SCHOOL

HOCKEY PROGRAM

WHERE ACADEMICS, ATHLETICS, AND FAITH COME ALIVE

GRADES 5-8 24/25



PLEASE RSVP VIA QR

INFORMATION NIGHT

**Thursday,
January 25th @
6:30 p.m.**



JOIN OUR CONTACT LIST

CONTACT US

780-922-4522

visit: www.hr.eics.ab.ca



53117 RRD.222, Ardrossan, Alberta



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Welcome and Introductions
Opening Prayer
Indigenous Acknowledgement



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Our School

- Nature Pre-Kindergarten, Nature Kindergarten and Regular Kindergarten to Grade 8 classes
- Population - 238 students - Safe/Caring - Family Feeling
- Options: Digital Tech., Rec. and Leadership, Fine Arts
- Boys and Girls Club - before/after school care
- **Hockey, Jiu Jitsu and Baseball Sports Academies**
- Elk Island Catholic Schools

Elk Island Catholic Athletic Association (EICCA/EIDCA)



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Our Shared Vision – Sports Academy

Sports Academy program(s) is to empower and inspire students to reach their full potential, as students, athletes and individuals, and to create a supportive inclusive community that honours and celebrates student individual achievements, progress, and "whole-child" growth.



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Our Programs

Our programs will be designed to not only help young players grow and develop their skills but also to cultivate strong, well-rounded individuals.



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Hockey Program

With a focus on skill progression, we bring in a lead on-ice skills instructor, lead teachers, and skilled coaches working with junior, CIS, and professional hockey teams to lead on-ice instruction. Off the ice, our students will participate in age-appropriate strength and conditioning, recreational outings, and lessons on leadership and faith, all aimed at creating a well-rounded development experience.



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OUR TEAM GRADES 5-8 24/25

Ed Kucy



Academy Administrator
Principal

Britney Millar



On-Ice Instructor
Master Power Skating Instructor

Dan Waschuk



Lead On-Ice Instructor

Kennedy Ganser



On-Ice Instructor
U of A Women's Hockey

Mason Hawkes



Academy Teacher

Blair Becker



On-Ice Instructor
Core Hockey - Owner

Tess Cossey



Academy Teacher

Rob Nolan
and Jamie McCaig



Goalie Instructors



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Dan Waschuk

Dan had four successful seasons in the WHL as well as captained the Grant MacEwan Men's University hockey team. He participated in a Memorial Cup, played on the ACAC all star team and has won awards as the top scorer and Molson Cup Three Star award during his time with the Regina Pats and Saskatoon Blades. In his second season coaching with University of Alberta Golden Bears, Dan won a National CIS Championship as an assistant coach. Twelve years ago his focus shifted from playing to coaching and he has run a number of successful in season and off season hockey camps across Alberta as the founder and lead skills coach of Competitive Thread.





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Coach Dan and Competitive Thread







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Facilities

Ardrossan Recreation Complex

- 10 minute walk for us to and from

ARDROSSAN RECREATION COMPLEX


STRATHCONA
COUNTY

80 - 1 Avenue



**Holy
Redeemer**



**Ardrossan Rec
Centre**





ICCA
penalty shots on goal penalty
penalty shots on goal penalty

77
77

phy



Countryside UAV & Photography

Parents are always welcome to visit and watch!









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Training and Development

- Academy - Tuesday, Thursday and Friday afternoons (May change based on enrollments)
- On Ice – 2 times per week (Tuesdays and Thursdays) - From 2 to 4 groups
- Fridays - Strength and Conditioning, Recreational outings (1 per month) or planned guest speakers/activities



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Recreational Outings

- Some of the recreational items this year include: - Downhill skiing, Cross Country skiings, Snowshoeing, Swimming, Curling, Ball hockey, Lacrosse, Yoga, Spin Bikes, Rock Climbing, Golf, Tennis, Corn Maze, Pickleball, Oil Kings Game, traditional PE sports and more...



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Athlete Assessments/Testing

2 times per year (On and Off Ice)

- September/October (Pre-Training)
& May/June (Post-Training)

Testing - Video



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Premier Strength - Hockey Specific Strength and
Conditioning Training



Barry Butt
Founder
Premier Strength



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Schedule

- Academy student athletes will take all core classes in the morning (academy days) and full day on non-academy days.
- Academy will replace students CTS choices, Physical Education and Wellness class time.
- Schedule to be confirmed based on student enrollment.



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Fees and Swag

- \$250/month (with a \$250 enrollment deposit used in lieu of June payment)
- All Academy athletes will receive:
 - T-Shirt, Shorts, Hoodie, Jersey
(Second year hockey academy athletes will be given an option to purchase-w/adjusted payment)



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Admission and Requirements

- Non-Catholic/Non-Boundary phone interview with Principal (Religion class requirement - School of Choice – Transportation)
- Behaviour contract for all Academy students
- Priority (HR students, EICS students, External)



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Equipment Bags

AM – Bag drop off at Holy Redeemer - Academy Heated Trailer

– Bags not allowed on the EICS AM busses

PM – Bags will be transported back to the school by truck/trailer.

Students can take their bags on the bus home
(Strathcona County, Sherwood Park, Fort Saskatchewan)



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Trailer
Loading -
Heated

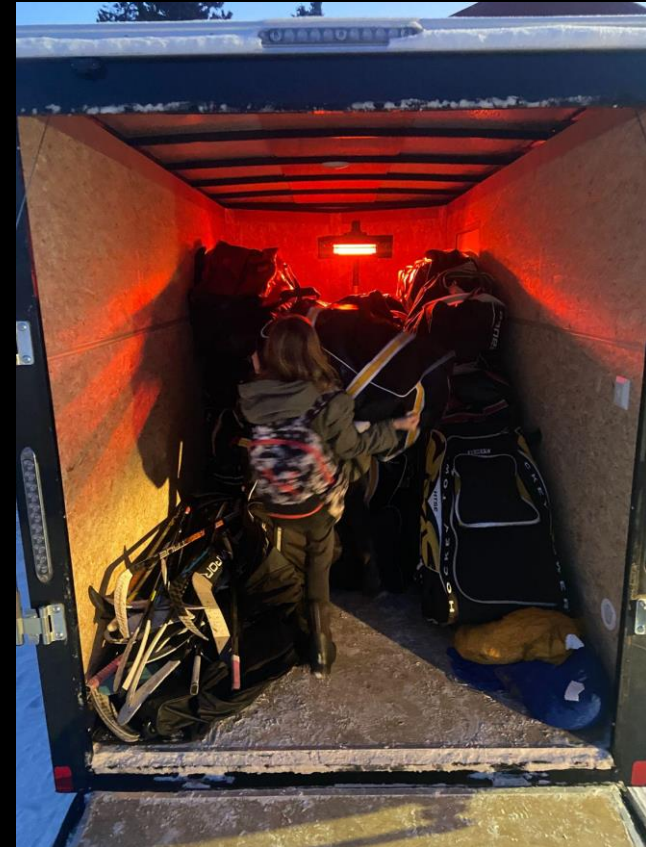






Photo Gallery - Posted Online







photography



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Transportation

- Transportation to and from available from Sherwood Park - Location: Holy Spirit
- Program Trips - into Glen Allen Rec. or Millenium Place in May/June for full year ice availability (included in fees)(based on academy interest)



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Boys and Girls Club - Before or After School

- Available Before and After School at Holy Redeemer and Sherwood Park
- Times available 6:30 a.m. - 8:30 a.m., After school until 6 p.m. or later if pre-arranged.
- Boys and Girls Club Bus available to Sherwood Park - Pick up at HR



School Boundaries (School of Choice Transportation Fees)

- If you drive student(s) to/from school – No transportation fees
- Holy Redeemer Boundary – Within 2 km (Gr. 7-8) or 1 km (Gr. 5-6)
EICS - no transportation is required - (\$360/year if required)
- Outside 1 or 2 km, based on grade, there is a \$180/year fee
- Outside Holy Redeemer boundary but within EICS Boundary – \$360/year
 - (Contact EICS –Transportation to see if there is an EICS boundary in your area)

How To Register

Click on the QR Code found at the back of your brochure



EICS Students

Step 1 - Complete this Google Form.

Step 2 - Go to School Engage - Parent Portal and select our school for next year.

Non-EICS Students

- Complete Google form and

- Go to the EICS website and register your child(ren) to **Holy Redeemer - In the Language and Options box please write - Sports Academy**

Our Holy Redeemer office team will contact you to confirm your information and registration in the program.



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Register today at www.eics.ab.ca

Thank you!

Questions and Answers...