

OUR TEAM

ED KUCY



Academy Administrator / Principal

Seasoned school administrator with EICS for 26 years. Former CFL pro-athlete (Retired - Edmonton Eskimos and Winnipeg Blue Bombers). Former basketball, baseball and university football coach.

DAN WASCHUK



Lead On-Ice Instructor

Former WHL player of 4 years. Former captain of the Grant MacEwan Men's University hockey team. Participated in Memorial Cup and ACAC all star team. Awarded top scorer and Molson Cup Three Star award during time with the Regina Pats and Saskatoon Blades. Coached UofA Golden Bears, winning National CIS Championship. 12 years of running hockey camps across Alberta as the founder and lead skills coach of Competitive Thread.

TESS COSSEY



MASON HAWKES



Academy Lead Teachers

BRITNEY MILLAR



On-Ice Instructor
Master Power Skating Instructor

KENNEDY GANSER



On-Ice Instructor
UofA Golden Bears Womens Hockey

BLAIR BECKER



On-Ice Instructor
Skills Coach of Core Hockey - Owner

ROB NOLAN
AND JAMIE MCCAIG



Goalie Instructors

REGISTER TODAY



CONTACT US

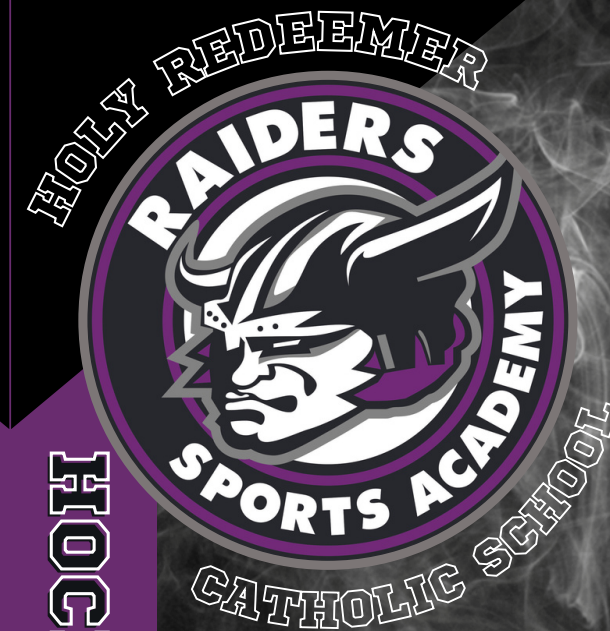
780-922-4522

53117 RRD 222, Ardrossan AB
visit: www.hr.eics.ab.ca



HOCKEY PROGRAM

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SPORTS ACADEMY VISION

Raiders Sports Academy Programs are dedicated to empowering and inspiring each student to reach their full potential as a student, as an athlete and an individual, while cultivating a supportive and inclusive community that honours and celebrates student individual achievements, progress, and "whole-child" growth.

SPORTS ACADEMY PROGRAMS

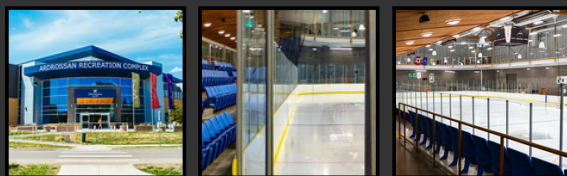
Our Programs are designed to not only help young athletes grow and develop their skills but also to cultivate strong, well-rounded individuals.



HOCKEY PROGRAM INFO

With a focus on skill progression, we bring in a lead on-ice skills instructor, lead teachers, and skilled coaches working with junior, CIS, and professional hockey teams to lead on-ice instruction. Off the ice, our students will participate in age-appropriate strength and conditioning, recreational outings, and lessons on leadership and faith, all aimed at creating a well-rounded development experience.

FACILITIES



In partnership with Strathcona County, our primary facility usage takes place at the Ardrossan Recreation Centre with other secondary locations throughout the year as scheduled. Ardrossan Recreation Centre is a ten-minute walk for the students to and from.

SCHEDULE

Academy student-athletes will take all core classes in the morning during academy days and full day on non-academy days. Academy programming time replaces students' CTF choices, Physical Education and Wellness class time. The schedule may vary depending on student enrollments.

TRAINING AND DEVELOPMENT

Raiders Sports Academy Programs are scheduled every Tuesday, Thursday, and Friday afternoons.

On-ice skills training and development run twice each week on Tuesdays and Thursdays.

Fridays consist of Strength and Conditioning skills training, monthly scheduled recreational outings/activities and/or planned guest speakers.



ATHLETE ASSESSMENTS

Athlete Assessments/Testing occurs twice each year both on and off the Ice. The first occurs in September/October as a pre-test and the second occurs in May/June as a post-test metric to assess the athletes' skills progression throughout the course of the program.

PROGRAM FEES

\$250/month

(\$250 enrollment deposit required at time of registration - utilized in lieu of June payment)

TRAINING VIDEO



TESTING VIDEO



SWAG

Academy Athletes receive:

T-SHIRT
SHORTS

JERSEY
HOODIE

TRANSPORTATION

School of choice Transportation available*
(based on location, fees may apply)

Program Trips to Glen Allen Rec/Millennium Place (May/June) to accommodate full-year ice availability - Based on interest (included in program fee breakdown)

EQUIPMENT BAGS

▶▶ AM – Bag drop off
at the school directly into the Hockey Academy Trailer - No bags permitted AM busses.

▶▶ PM – Bag return
Transported to school via truck/trailer.

▶▶ End of the day
Students may take their bags home on the PM bus. (Strathcona, Sherwood Park, Fort Saskatchewan)

ADMISSION / REQUIREMENTS

▶▶ Register @ Holy Redeemer

▶▶ School of Choice
[Non-Catholic/Non-Boundary - phone interview with Principal required (Religion class requirement/School of Choice - transportation)]

▶▶ Behaviour contract for all Academy students